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# Repeated Vaccination Effects on Immune Response in a Five-year Randomized Controlled Trial

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## Background

Higher pre-vaccination antibodies have been associated with a lower immune response to influenza vaccine, a phenomenon known as "ceiling effects."

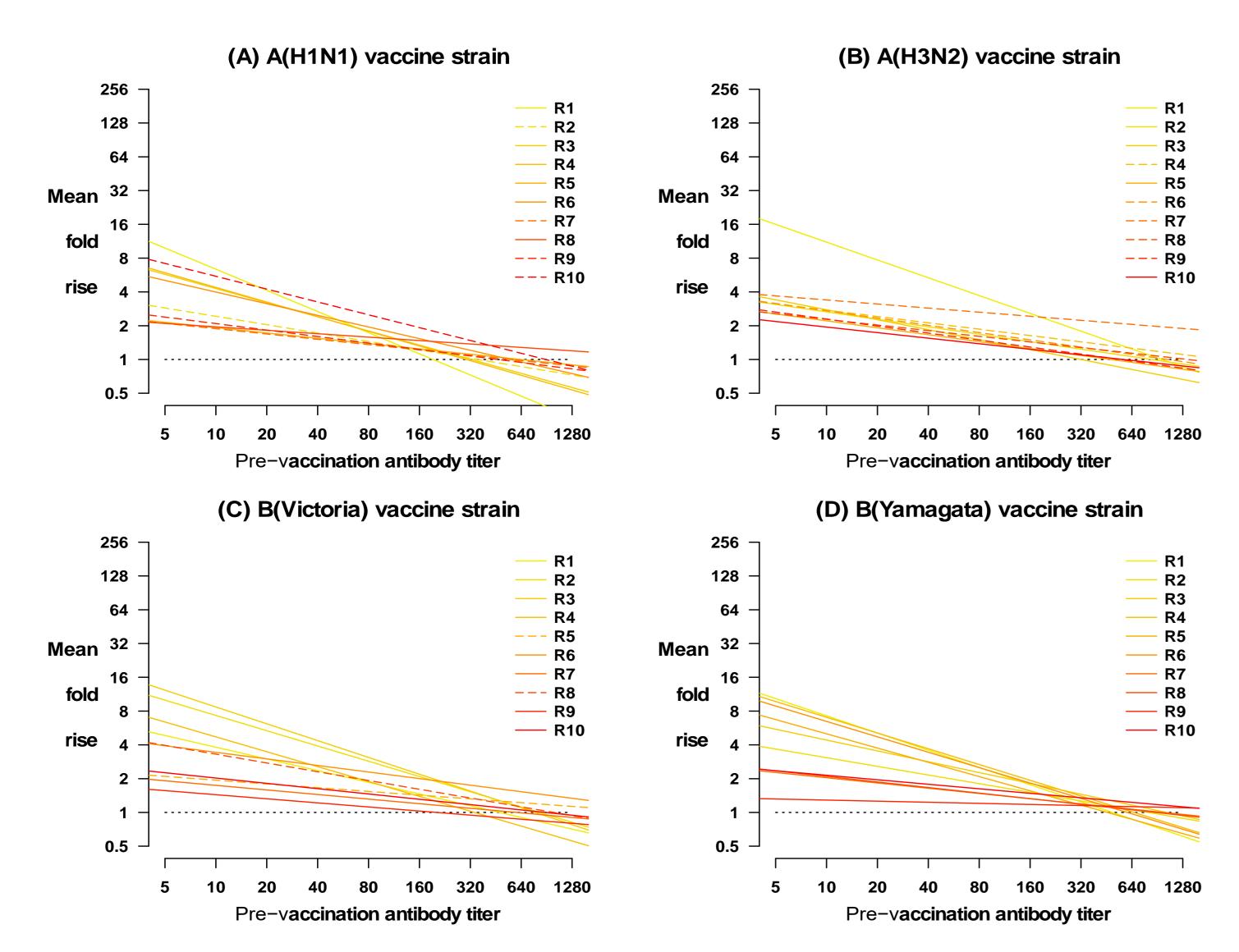


Figure 1. Repeated vaccination effects in twice-annual vaccination group. Dashed lines notated the updates of vaccine strains

Table 1. Association between repeated vaccination and scores in twice-annual group (mixed-effects model adjusted for age and sex)

Subtype	β (95% <i>CI</i> ) Α(H1N1)	β (95% <i>CI</i> ) A(H3N2)
No. of vaccine	-0.33 (-0.57, -0.10)	-1.97 (-2.40, -1.54)
Strain update	-0.69 (-2.34, 0.96)	0.51 (-0.18, 1.19)
No. of vaccine × Strain update	0.52 ( 0.06, 0.97)	1.06 ( 0.39, 1.73)
Antigenic distance	0.52 (-0.27, 1.31)	1.10 ( 0.63, 1.56)

#### Methods

Adults aged 70-79 years in Hong Kong were enrolled and randomly assigned to receive twice- or once-annual influenza vaccinations from 2016-2021. Twice-annual group received influenza vaccine before the winter and summer influenza seasons, while once-annual group received vaccine before the winter and placebo before the summer. Sera were collected before and ~30 days after vaccination and tested using hemagglutination inhibition assay against vaccine strains. Antibody responses were assessed by a scoring system adjusting for pre-vaccination antibodies. Mixed-effects models were used to analyze the number of prior vaccinations, vaccine strain updates and antigenic distance between vaccine strains on the scores adjusting for age and sex.

#### Conclusion

Repeated vaccination was associated with reduced responses to the influenza vaccine, even after accounting for ceiling effects.

## **Objectives**

We aimed to examine the effects of repeated twice- and once-annual influenza vaccination on antibody response, considering the ceiling effects.

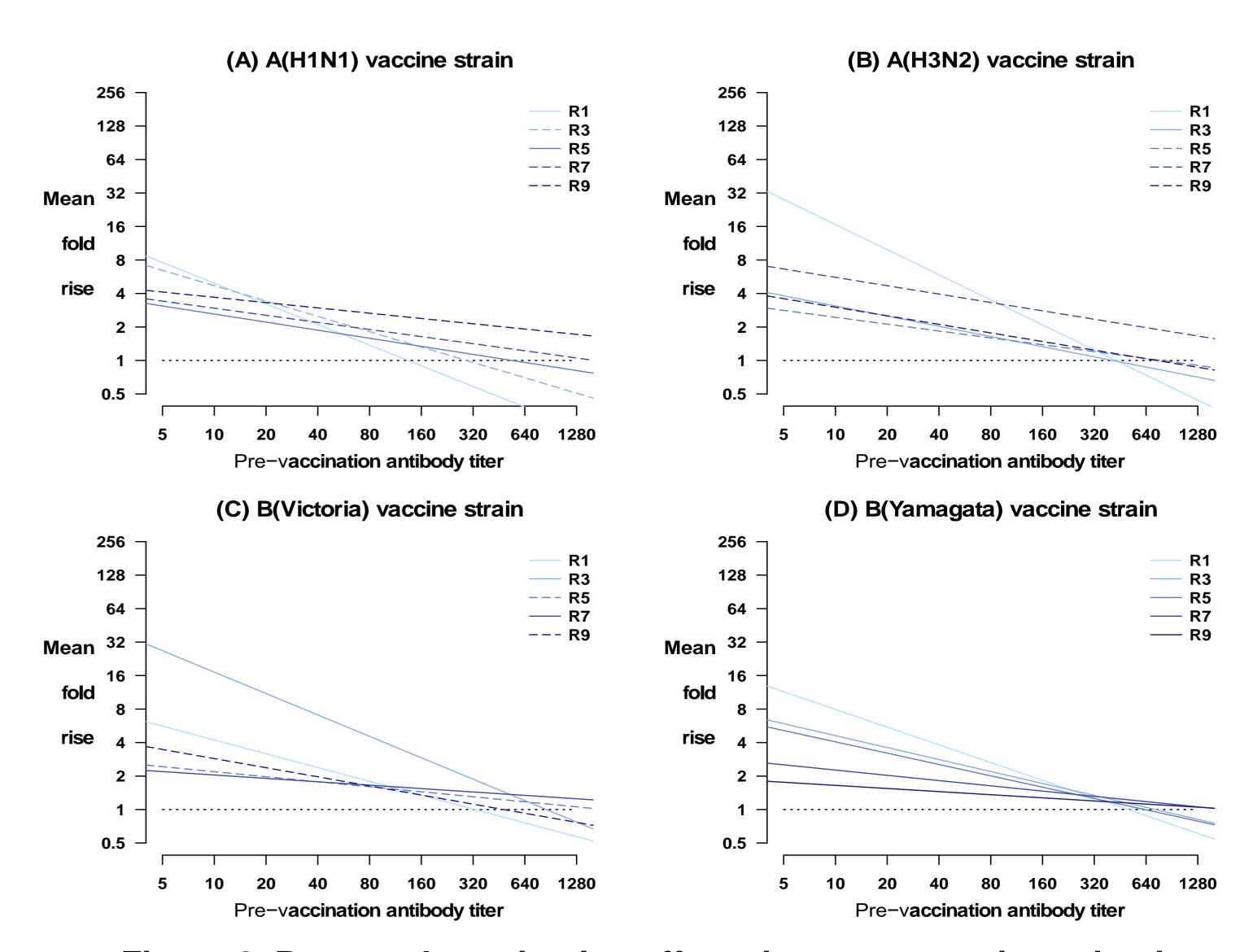


Figure 2. Repeated vaccination effects in once-annual vaccination group. Dashed lines notated the updates of vaccine strains

Table 2. Association between repeated vaccination and scores in once-annual group (mixed-effects model adjusted for age and sex)

Subtype	β (95% <i>Cl</i> ) Α(H1N1)	β (95% <i>CI</i> ) Α(H3N2)
No. of vaccine	-0.29 (-0.42, -0.15)	-0.25 (-0.33, -0.17)
Strain update	-2.47 (-3.21, -1.73)	-0.09 (-0.37, 0.19)
No. of vaccine × Strain update	0.78 ( 0.59, 0.96)	-0.11 (-0.33, 0.10)
Antigenic distance	1.09 ( 0.74, 1.44)	0.27 ( 0.09, 0.45)

#### Results

Participants received twice- (n=205) and once-annual vaccination (n=199) for five seasons from 2016-2021. Number of prior vaccinations was associated with lower scores in both groups ( $\beta$  range, -1.97 to -0.25; P < 0.05). Interaction terms between updates in vaccine strains and number of prior vaccinations were positively correlated with scores ( $\beta$  range, 0.52 to 1.06; P < 0.05), except for A/H3N2 in twice-annual group ( $\beta$  = -0.11, 95%CI: -0.33, 0.10). Antigenic distance between vaccine strains were associated with higher scores ( $\beta$  range, 0.27 to 1.10; P < 0.05), except for A/H1N1 in once-annual group ( $\beta$  = 0.52, 95%CI: -0.27, 1.31).

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